

# West Bergholt 2019

## Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
1	69	Mckeown Mark	M35	0:30:22.59	Colchester Harriers
2	123	Wright David	M35	0:31:51.42	Great Bentley Running Club
3	126	Siaz Damien	M35	0:32:55.57	Unattached
4	106	Summersgill Daniel	MO	0:33:23.2	Colchester Harriers
5	153	Smith Andrew	MO	0:33:59.84	Witham RC
6	164	Lepley Callum	MO	0:34:19.48	RHUL Athletics
7	32	Davey Matt	M35	0:34:26.67	Colchester Harriers
8	103	Smith Michael	MO	0:34:47.29	Unattached
9	102	Smith Liam	M35	0:35:01.9	Unattached
10	39	Eaton Sebastian	MO	0:35:14.67	Unattached
11	146	Smith Eloise	FO	0:35:47.02	Brentwood Running Club
12	175	Stevenson Chris	M55	0:35:51.52	
13	157	Breame Michael	MO	0:36:28.82	
14	109	Tuson William	M35	0:36:40.49	Veterans AC
15	124	Jonathon Dennis	M35	0:36:51.33	Unattached
16	178	Ramsey Allan	M45	0:37:11.38	
17	73	Moor Richard	M55	0:37:33.73	Great Bentley Running Club
18	46	Griffiths Pete	M45	0:38:05.86	Unattached
19	86	Perkins Gavin	M35	0:38:06.09	Unattached
20	165	Havers Peter	M45	0:38:27.85	
21	159	Evans Lloyd	M35	0:38:42.54	
22	28	Crowdell Lee	M45	0:38:51.03	Unattached
23	95	Ross Andrew	M35	0:39:01.2	Unattached
24	168	Poole Joe	MO	0:39:05.85	
25	3	Addington Neil	M35	0:39:07.82	Unattached
26	151	Galley Billy	MO	0:39:19.06	Unattached
27	173	Goody Mark	M35	0:39:24.8	Colchester Road Runners
28	156	Wells Phil	M35	0:39:33.43	
29	127	Doe Lee	M45	0:39:41.35	Unattached
30	53	Holohan Lee	M35	0:40:14.53	Colchester Harriers
31	50	Healy Kieron	M35	0:40:15.41	Unattached
32	125	Darren Horner	M35	0:40:22.5	Jogging Made Easy
33	64	Kocinska Anna	F35	0:40:42.84	I Can Run Club, Ipswich
34	44	Green Billy	M45	0:40:44.09	Ilford AC
35	118	Wilson Helen	F35	0:40:49.58	Unattached
36	108	Townrow Lee	MO	0:40:51.88	Unattached
37	132	Lock Michelle	F35	0:40:54.37	Unattached
38	154	Farthing Nico	MO	0:40:57.7	
39	70	Mcloughlin Anthony	MO	0:41:35.48	Jogging Made Easy
40	72	Milne Lana	F35	0:41:51.28	Unattached
41	84	Parks Nick	M45	0:42:19.4	Unattached
42	89	Pickard Timothy	M55	0:42:30.55	Running Colchester
43	88	Peters Kristine	FO	0:42:35.15	Jogging Made Easy
44	152	Taylor Bob	M55	0:42:43.49	Witham RC
45	5	Anderson Lee	M35	0:42:55.62	Jogging Made Easy
46	100	Shortley Bev	F45	0:43:02.96	Unattached
47	131	Healy Mark	M45	0:43:08.03	Unattached
48	27	Crowdell Henry	U18M	0:43:29.29	Unattached
49	177	Millard Paul	M45	0:43:38.37	
50	135	White Emily	U18F	0:43:42.69	Colchester & Tendring AC
51	14	Botley Ernie	M55	0:43:47.34	Unattached
52	52	Hogan Phillip	M45	0:43:53.31	Unattached
53	114	Wicks Dean	MO	0:43:59.16	Unattached
54	115	Widdowson Santel	F35	0:44:00.63	Ipswich Tri Club
55	11	Bleck Claire	F35	0:44:18.65	Jogging Made Easy
56	12	Bleck Georgia	U18F	0:44:19.76	Unattached

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
57	160	King Jacquie	F55	0:44:23	Boxted Runners
58	20	Casley Fiona	F55	0:44:27.68	Unattached
59	30	D'andrea Cristina	FO	0:44:43.59	Unattached
60	33	Davies Catherine	F35	0:44:46.03	Unattached
61	2	Wade Mark	M45	0:45:08.19	Running Colchester
62	65	Komorowski Tomasz	M35	0:46:15.61	Great Bentley Running Club
63	43	Gardiner Frank	M55	0:46:15.67	Great Bentley Running Club
64	96	Rumble Allan	M35	0:46:17.63	Lonely Goat Running Club
65	172	Masson Dale	M45	0:46:37.25	
66	110	Violett Suzy	F45	0:46:54.21	Jogging Made Easy
67	133	King Austen	M45	0:46:56.15	Unattached
68	174	Juniper Emma	F35	0:47:25.49	
69	148	Codling Daniel	M35	0:47:29.87	Unattached
70	134	Chapman Tracy	F45	0:47:31.03	Unattached
71	149	Codling Susan	F35	0:47:35.87	Unattached
72	37	Dolby Louise	F35	0:48:21.94	Unattached
73	26	Crittenden Mark	M45	0:48:39.86	Great Bentley Running Club
74	155	Grimwood Becky	F35	0:48:45.42	Witham RC
75	144	Mann Angela	F45	0:48:54.75	Running Colchester
76	56	Hughes Briony	F35	0:48:57.18	Unattached
77	17	Breame Rachel	F35	0:48:57.61	Unattached
78	166	Potter Katie	F35	0:49:01.46	Tiptree Road Runners
79	49	Harvey Vanessa	F55	0:49:09.99	Unattached
80	45	Griffiths Andrea	F55	0:49:11.63	Unattached
81	91	Preece Kirsty	FO	0:49:13.36	Colchester Road Runners
82	6	Bank Catherine	F45	0:49:18.21	Unattached
83	77	Newhall Stephen	M35	0:49:30.27	Unattached
84	104	Stephens Gemma	F45	0:49:30.4	Unattached
85	7	Barham Jeff	M55	0:49:36.12	Unattached
86	87	Perkins Gemma	F35	0:49:42.65	Unattached
87	150	Bishop Dionne	F45	0:49:43.72	Unattached
88	82	Owen-williams Bryn	M45	0:49:50.63	Unattached
89	76	Murray Sam	F45	0:49:52.76	Unattached
90	48	Harris Sybil	F45	0:49:56.48	Unattached
91	170	Beton Laura	F35	0:50:01.11	
92	122	Woollard Emma	FO	0:50:17.93	Unattached
93	71	Mcsweeney Briony	F45	0:50:20.64	Unattached
94	158	Guntley Karen	F45	0:50:24.64	
95	169	Smith Jennifer	F35	0:50:28.78	
96	75	Morse Teresa	F45	0:50:31.15	Unattached
97	99	Sexton Mandy	F45	0:50:32.94	Unattached
98	142	Coltart Emma	FO	0:50:41.72	Unattached
99	63	King Jennifer	F35	0:50:45.55	Unattached
100	78	Newnham Roger	M55	0:50:54.03	Unattached
101	129	Charles Craig	M35	0:51:09.28	Unattached
102	130	Charles Rachel	FO	0:51:09.28	Unattached
103	128	Careford Blaire	F45	0:51:12.02	Unattached
104	41	Fifield Cathryn	F45	0:51:47.55	Unattached
105	162	Smith Jody	F35	0:52:12.34	
106	92	Rich Steven	M35	0:52:22.59	Unattached
107	61	Kent Natalie	FO	0:52:38.72	Unattached
108	138	Robertson Glen	M55	0:52:51.79	Trail Running ACC
109	139	Elmer Paige	FO	0:52:59.49	Unattached
110	140	Dunthorne Ashley	MO	0:52:59.52	Unattached
111	22	Clark Dinky	F45	0:53:24.12	Running Colchester
112	83	Page Tim	M45	0:53:25.16	Unattached
113	59	James Bridie	FO	0:53:34.93	Running Colchester
114	19	Burke Kathryn	F45	0:54:47.81	Unattached
115	116	Wigley Helen	F35	0:54:54.15	Unattached
116	171	Singleton Paul	M55	0:55:05.78	

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117	93	Ritson Liz	F45	0:55:08.98	Unattached
118	25	Couling Alice	F35	0:55:09.2	Unattached
119	9	Bertram Keanu	MO	0:55:43.99	Unattached
120	163	Lisa Barham	FO	0:55:46.05	
121	31	Darkins Catherine	F35	0:55:53.99	Unattached
122	34	Davies Keeley	F35	0:55:56.36	Unattached
123	101	Smith Jenny	FO	0:56:37.21	Unattached
124	38	Eardley Laura	F35	0:57:28.73	Unattached
125	147	Chicken Gary	M55	0:57:34.45	Jogging Made Easy
126	136	Pearce Jo	F35	0:58:09.46	Unattached
127	143	Worth Mandy	F45	0:58:33.31	Unattached
128	57	Humphrys Stephanie	F35	0:58:34.01	Unattached
129	85	Peeraully Ayesha	FO	0:59:43.37	Jogging Made Easy
130	176	Richards Rebecca	FO	1:00:22.93	Maldon Soul Runners
131	67	Mayer Jodee	FO	1:00:23.07	Witham Running Club
132	51	Hogan Helen	F45	1:00:39.16	Jogging Made Easy
133	113	Whiteman Emma	FO	1:01:07.2	Unattached
134	121	Woodhull Elizabeth	FO	1:01:08.25	Unattached
135	60	Jones Gayle	F35	1:01:20.56	Unattached
136	161	Warren Frances	F55	1:03:15.32	Jogging Made Easy
137	167	Hearn Sarah	FO	1:03:15.59	
138	47	Hamblin Kate	FO	1:03:33.56	Unattached
139	24	Collins Clare	F45	1:03:33.8	Running Colchester
140	68	Mcglade Claire	F35	1:03:38.13	Unattached
141	97	Salmon Elizabeth	FO	1:03:57.46	Great Bentley Running Club
142	4	Amos Helen	F35	1:03:57.61	Unattached
143	29	Crowdell Suzanne	F35	1:08:05.3	Unattached
144	80	Noble Tarot	FO	1:16:52.17	Colchester Road Runners
145	79	Nichols Laura	FO	1:16:52.21	Unattached
146	105	Stewart Emma	F35	1:49:57.63	Unattached